



Special Olympics
Louisiana

The SOI Medical Committee and Risk Management Task Force have worked together reviewing the Special Olympics Medical Form. In the interest of athlete safety, the Medical Committee felt that some additional information was needed on the form. You begin using the new form as a medical expires, or new athletes are added to the program.

Although the Medical Form has been revised, the SOI General Rules regarding Registration of Athletes, including the frequency of medical examinations, have not changed. Medicals are good for 3 years. After 3 years time if an athlete has an X on any astericked question in the Health History section they must have a new medical done, with a doctor's signature required. The astericked questions are:

- Heart disease/heart defect/high blood pressure
- Chest pain
- Seizures/epilepsy/fainting spells
- Diabetes
- Concussion or serious head injury
- Major surgery or serious illness
- Blindness/visual problem
- Asthma

If they don't have any yeses marked next to these questions, all they need is an update. However, **ALL athletes must complete the Health History Section every year, even if they do not have to get a medical done.**

The following additions have been made on the form:

- Separate section for Down Syndrome information, including date x-ray was done.
- Table for medication information.
- Blood pressure, height and weight entries, as well as, blood disorders.
- Tobacco use and asthma entries.
- The medical professional signing the form is now required to perform a physical examination of the athlete, including a list of any abnormalities found.

The following deletions have been made on the form:

- Uses a wheelchair.
- Impaired motor ability.
- Serious bone or joint disorder.
- Dentures/false teeth.
- Absence of one kidney or testicle.
- Parent/sibling (under 40) died of heart disease.

As always, if you have any questions, don't hesitate to give me a call.

